



Gemi Zone Seminar

HISTORY OF CRYSTALS AND GEMSTONES

Accounts of using gemstone healing can be found worldwide and it spans for thousands of years.

In Exodus in the Bible it is recorded that the high priest Aaron, the brother of Moses, wore a breastplate made of twelve precious jewels. Aaron was given instruction from God as to how the breastplate was to be made. Each of the stones carried the name of one of the twelve tribes of Israel.

EXODUS 28: 17-21

17 AND THOU SHALT SET IN IT SETTINGS OF STONES, EVEN FOUR ROWS OF STONES: THE FIRST ROW SHALL BE A SARDIUS (CARNELIAN), A TOPAZ, AND A CARBUNCLE (RUBY OR GARNETT): THIS SHALL BE THE FIRST ROW.

18 AND THE SECOND ROW SHALL BE AN EMERALD, A SAPPHIRE, AND A DIAMOND.

19 AND THE THIRD ROW A LIGURE (THOUGHT TO BE LAPIS LAZULI), AN AGATE, AND AN AMETHYST.

20 AND THE FOURTH ROW A BERYL (AQUAMARINE OR EMERALD), AND AN ONYX, AND A JASPER: THEY SHALL BE SET IN GOLD IN THEIR INCLOSINGS.

21 AND THE STONES SHALL BE WITH THE NAMES OF THE CHILDREN OF ISRAEL, TWELVE, ACCORDING TO THEIR NAMES, LIKE THE ENGRAVINGS OF A SIGNET; EVERY ONE WITH HIS NAME SHALL THEY BE ACCORDING TO THE TWELVE TRIBES.

In the New Testament, we learn that New Jerusalem will be built with 12 precious stones. All of these stones have anisotropic properties. Anisotropic stones have the ability to burst into all of the colors of the rainbow when cross-polarized light (Pure Light) is shown upon them.

Revelations 21: 19-20

19 AND THE FOUNDATIONS OF THE WALL OF THE CITY WERE GARNISHED WITH ALL MANNER OF PRECIOUS STONES. THE FIRST FOUNDATION WAS JASPER; THE SECOND, SAPPHIRE; THE THIRD, A CHALCEDONY (AGATES, ONYX, AVENTURINE, CARNELIAN, HELITROPE (BLOOD STONE) ; THE FOURTH, AN EMERALD;

20 THE FIFTH, SARDONYX: (MIX OF ONYX AND SARD); THE SIXTH, SARDIUS (CARNELIAN); THE SEVENTH, CHRYSOLITE; THE EIGHTH, BERYL; THE NINTH, A TOPAZ; THE TENTH, A CHRYSOPRASUS (A VARIETY OF CHALCEDONY); THE ELEVENTH, A JACINTH (ZIRCON (NOT TO BE CONFUSED WITH CUBIC ZIRCONIUM, WHICH IS A MAN MADE STONE); THE TWELFTH, AN AMETHYST.

Passages in the Book of Mormon also talk of gems being used in building New Jerusalem.

3 Nephi 22: 11-12 *"...I WILL LAY THY *STONES WITH FAIR COLORS, AND LAY THY FOUNDATIONS WITH SAPPHIRES, AND I WILL MAKE THY WINDOWS OF AGATES, AND THY GATES OF CARBUNCLES, AND ALL THY BORDERS OF PLEASANT STONES."* Compare Isaiah 54. *Rev 21: 18-21

The people of the Old Testament Israelites were not the only people to use and revere crystals. The Egyptians, Romans, Greeks and people from India would use them for protection. The dead would be buried with crystals to help guide them to the afterlife.

Royalty would use them to adorn their crowns to gain wisdom and insight. Royalty would also sleep on beds of Jade and Amethyst. Rings would be placed on certain fingers to access the meridians of the body and necklaces made of gems would be worn over the heart to promote feelings of love. The Mayan and American Indians would use gemstones to diagnose and treat disease.

CREATION OF CRYSTALS AND GEMSTONES

Gemstones are formed under extreme heat and pressure deep within the earth. This heat and pressure will force the molecules together to form Lattice formations and that will define what the crystal will look like as it grows.

Because of these formations, it has a very strong and measurable electromagnetic field.

It has been scientifically confirmed that **everything is energy**, i.e. everything vibrates or has a frequency. There is a constant breathing of energy in and out going on... The scientific word for it is 'electromagnetic'... It sounds complicated but it's not.

WHAT IS THE ELECTROMAGNETIC FIELD?

Imagine how, when you drop a pebble in a pond you see the ripples go outwards, and under the surface of the water, the ripples return to the exact spot where the stone dropped in.

That's it! "Electro" is the "out" and "Magnetic" is the "in". Like breathing.

DISHARMONIC VIBRATION = DISHARMONIC STATE OF MIND

Being healthy is a frequency and is the natural state of being. Health comes when our frequency is in balance and harmony with oneself. When the pattern of energy is disrupted we experience a state of dis-ease and if continually ignored our physical bodies can then experience DISEASE. This imbalance or disruption in our energy patterns is what's responsible for every negative symptom we experience from headaches to cancer.

EVERYTHING HAS INTELLIGENCE

The Gods watched the elements of the earth as they were created until they obeyed.

Abraham 4: 18 it states “**And the Gods watched those things which they had ordered until they obeyed**”. Obey what? The laws upon which governs them...the Laws of Nature, to fulfill the measure of their creation. In order for the elements to obey, they must have some degree of intelligence. The elements, plants and animals all have intelligence and choose to obey.

Now it is mans turn. The Gods are watching to see if man will use his intelligence and agency to obey and fulfill the measure of their creation...to become like Him.

In the Book of Mormon we learn that man is “less than the dust of the earth”. This has reference to the fact that the dust is obedient to the commands of the Creator, whereas men rebel against His will. Man is made from the elements (*dust*) of the earth, which (*elements*) chose to obey God. So when man choses to go against the laws in which he was created, he will feel the consequences of his disobedience.

CRYSTALS HAVE ORDER AND STRUCTURE

Crystals are the most orderly structure in nature because they have the lowest state of ENTROPY possible. Entropy is the measure of “disorder” of the system.

The crystalline structure responds in unique ways to a wide spectrum of energies and depending on the input of these energies, the crystals oscillate and thereby create a specific frequency of energy that they emit.

The balanced state of the crystal lattice means that the energy flow through the lattice is balanced and constant. It also means that when discordant energy enters the lattice it is then balanced and transformed out as balanced energy.

WHAT IS THE GEMI ZONE?

The Word Gemi is a combination of 2 words.

- “Gem”, which is a gift from God created in Mother Earth to be used for the use and benefit of Man.
- “MI” is a frequency. In the Solfeggio Musical scale, the MI is the 3rd note that resonates at 528 hz. Genetic engineers use this frequency to repair DNA.
- We created the GEMI ZONE Technique so that it could be used on it’s own or be used as a complimentary modality to the Foot Zone, or with Massage Therapy.
- Gemstones are used to trigger the signals in the feet by using piezoelectricity.

PIEZOELECTRICTY

“Quartz (silicon dioxide) produces an electric charge when pressure is applied and vibrates at a constant rate of millions of vibrations per second.”

So, how does piezoelectricity help heal the human body?

The tissue of the Human Body is composed of polysaccharides (sugars or carbohydrates), Proteins (amino acid) and nucleic acids (DNA and RNA) and they exhibit piezoelectric properties.

Piezoelectricity is produced when pressure is applied. This piezoelectrically induced current activates the healing processes in the stimulated area. Thus, this mechanically induced electrical energy has great regulatory effect on and at the cellular and molecular levels of the human body. The strong electromagnetic field of the gemstone will have an effect on the **body's** electromagnetic field. And so, gemstones (or crystals) can enhance healing through this transmission of energy.

ELEMENTAL ENERGY OF THE GEMS

The chemical and mineral makeup of the gems can also have a healing affect on the human body.

For example:

- Calcite & Scolicite have calcium (good for teeth and bones)
- Lepodolite has lithium (good for bipolar issues)
- Astrophyllite (Potassium, Manganese & Iron)
- Hematite and Tiger Iron (very high in Iron)
- Rhodonite (Manganese)

COLOR SPECTRUM

Color has 4 different properties. And each one has a healing component.

Let's start with Hue. Hue is the pure color. Hue centers us and its energy is masculine.

Tint. Tint is when white is added to a color. Tint is "Clearing" – When we need something outside of ourselves to come in.

- *Example:* Watch or see an event that touches us. Reading uplifting messages.

It's energy is Animus = inner Masculine in a woman.

Tone. Tone is when Gray is added to a color. Tone is "Healing" – where our inner issues needs to come out.

- *Example:* Being able to express ourselves through spoken word, music, dance.

It's energy is Anima = Inner Feminine in men.

Shade. Shade is when black is added to a color. Shade is “Activating” – helps us to move. Bring up deficiency. Get Going!

- *Example:* Start that project that has been sitting there for days, weeks

The energy of Shade is Feminine.

CARE AND MATENANCE OF GEMSTONES

Crystals are sensitive to negative and low energy—easily absorbing such from their environment or contact with people. It is important to cleanse the crystals post purchase, and regularly.

Just like you, crystals/gemstones need basic care. They need to be cleaned, cleansed, charged, awakened, focused, and occasionally recharged to work effectively.

Here are some different techniques that can be used when cleansing and recharging your crystals and gemstones:

- Water

Hold your crystal/gemstone under running water for a few minutes to wash away any negative energy.

You can also use:

- Rain water
- Distilled water
- Sea salt water – Leave crystals/gemstones in saltwater a minimum of 4 hours-to overnight. Overnight being encouraged.

- Sunlight

Place your crystals/gemstones in the garden (or windowsill if you don’t have access to a garden). Leave them out for a few hours to cleanse and recharge from the suns energy. Note that more vibrant colored crystals can fade with this method.

- Larger crystals such as; Crystal or Amethyst clusters or Selenite

Place your crystals/gemstones on or next to larger crystal clusters for 24 hours to recharge your crystals/gemstones.

- Fire

Pass your crystals/gemstones through candlelight

- Bury in bowl of Brown Rice (24 hours)

- Earth (24 hours)
 - Bury in light dirt or sand
 - Cover in flowers
 - Cover in moss
- Set intention
- Magnets clear negative energy
- Additional Seminars, Foot Zone Classes, CE Courses and Gemi Tools can be purchased at wellnesslifezone.com.
- Like us on Facebook: Wellness Life Zone