

MAINTAINING A PROPER FACILITY

Regardless of where a Foot Zone Practitioner chooses to work, the facility should also be maintained for safety precautions, sanitation, fire policies, and good ventilation and temperatures. The following is a housekeeping list for the facility:

1. Keep all parking, driveways, and walkways swept/shoveled and clear.
2. Keep all floors cleaned, sanitized, and dry to avoid anyone slipping.
3. Sanitize all restroom facilities the client may use.
4. Maintain germicidal soap and paper.
5. Have towels for handwashing area.
6. Clean towels area to be stored in a closed cabinet or container.
7. Dirty linens are to be stored in a dirty clothes container. Wash as quickly as possible.
9. Maintain a functional smoke and carbon monoxide detectors.
10. Educate one's self and client of exits.
11. Purchase and store a fire extinguisher in a convenient place.
12. Establish a policy regarding open flames, candles and incense.
13. For first aid purposes, keep a list of emergency information posted in plain view. This list includes the fire department, police departments, and hospitals near you.
14. Always maintain a first-aid kit in a convenient accessible place.
15. The practitioner also needs to consider personal safety by using proper body mechanics.
16. A practitioner should obtain and maintain a current first aid and CPR certification. This can usually be done at a fire department.
17. Be aware of who the client is. Don't put one's self in danger of someone who's intentions are inappropriate or dangerous. Schedule new clients at appropriate times when others are around. And always ask who referred them. It is important to have an escape plan incase all else fails.
18. If a practitioner chooses to do in-house foot zones, inform an associate of the location, client name, along with the date and time of the appointment. Contact the associate when the foot zone is completed.
19. Clients also need the practitioner to pay attention to client safety.
20. As discussed earlier, this refers to cleanliness of place and towels, as well as the cleanliness of the practitioner.
21. Pay attention to see if the client needs assistance to get into or out of a foot zone chair or massage table, and help when needed.
22. Check for sensitivities a client may have to a product, such as defusing essential oils, and get signed permission to use any products.
23. Do no harm!