

Foot Zone Certification Class Syllabus

Instructors:

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Dates of the Course:

August 31, 2016
September 7, 2016
September 14, 2016
September 21, 2016 NO CLASS
September 28, 2016

Class Hours:

9am - 5pm

Our goal at Wellness Life Zone, Foot Zone Academy is to provide and teach students like you the Advanced Foot Zone Technique with:

- Beautiful, illustrated, colorful Foot Zone charts
- Color coordinated, easy to follow directions of the Foot Zone Technique
- Anatomy maps that coordinate with the signal map of the feet
- Online animation steps to follow in class as well as at home
- Beautiful gem tools for stimulation of the Foot Zone signals, along with the basic understanding of gem therapy and how gems support the Foot Zone Technique

Course Goals

- Identify and recognize the orientation points and signals in the feet, which correlates with the anatomy of the body.
- Implement the Gemi Zone Technique as a complimentary modality to the Foot Zone
- Gain a basic understanding of anatomy
- Gain an understanding of gemstone tools and how to properly use them in the foot zone

Weekly Schedules

➤ Month 1:

- Policies and Disclosures
- Mission Statement Goals
- History of Foot Zoning
- What is Foot Zoning
- Guidelines
- Protocols
- Flowcharts Phase 1

➤ Month 2:

- Basic understanding of gemstones
- Gemi Zone Technique
- Flowcharts Phase 2

➤ Month 3:

- Flowcharts Phase 3

➤ Month 4:

- Flowcharts Phase 4

Provided Class Materials:

- Advanced Foot Zone Flowcharts
- Access to the online Foot Zone Animation Videos

Other Suggested Books:

- "Feelings Buried Alive Never Die" by Karol Truman
- "Hidden Treasures: Heaven's Astonishing Help With Your Money Matters" by Leslie Householder
- "Heal Your Body" by Louise Hay
- "The Healing Questions Guide" by Wendi Jensen