

RIGHT SIDE

Masculine Energy
 Self
 Physical
 Mental
 Energy Flows Out
 Future

VALIDATION/ADEQUACY

LEFT SIDE

Feminine Energy
 Others
 Spiritual
 Energy Flows
 In Past

ABILITY TO COMMUNICATE BURDENED/OVERWHELMED

EYE CONDITIONS

Feminine Energy
 Others
 Spiritual
 Energy Flows
 In Past

SAD/GRIEF

ABILITY TO GIVE
 Anger
 Bitterness
 Sweetness
 of Life
 ABILITY TO TAKE IT IN

FEAR

Assimilation
 Powerless

ANGER

Lack of Support
 Opposition
 Worry

Pride
 Blame
 Fear

Sexuality
 Frustration
 Anger

Relationships
 Grief
 Family
 Judgements
 Pretense

Grasping Life
 Letting Go

MOVING FORWARD

MOVING FORWARD

EGO/PRIDE

STABILITY
 GROUNDED

TOES

BIG: Worry/Fret
 2nd: Frustrated
 3rd: Anger
 4th: Sad/Grief
 5th: Fear

FRONT SIDE

Conscious
 Social



BLOOD- Flow of Life

BONES- Structure/Fortifying Self

FASCIA- Divide Loyalties

LIGAMENTS-About Control

LYMPH-Feelings of Being attacked

NERVES-Communication Issues

SKIN- irritation, Frustration

TENDONS-Connection

Ignoring Your Deep Needs

Stubborn/Inflexible Emotional Support

Unloved

Betrayal

Past Guilt

Disappointment

Insecure

Financial Support

Something or Someone Being in Pain

Too Many Rules
Ridged/ Inflexible

Change in Direction

Feeling Alone Rejection

Have to be perfect

Accepting new Experiences

Change Direction

BACK SIDE

Unconscious Private

